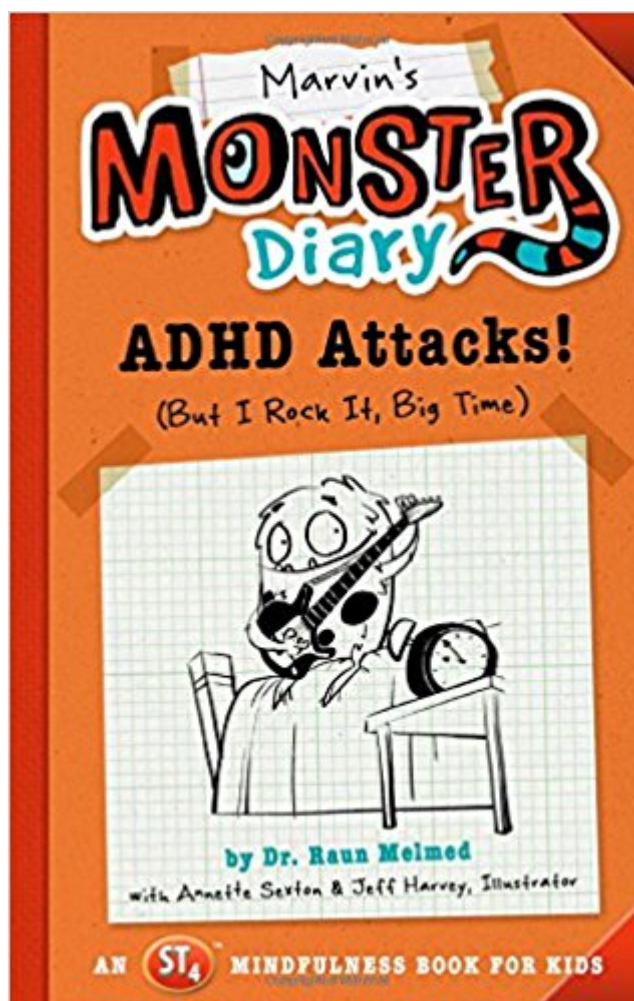


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# Marvin's Monster Diary: ADHD Attacks! (And I Win, Big Time) (St4 Mindfulness Book For Kids)



## Synopsis

Meet Marvin, a lovable monster with a twelve-string baby fang guitar, a rambunctious case of ADHD, and a diary to record it all. His teachers scold him, his parents don't know what to do with him, and his sister is convinced he was raised by triple-tailed monkeys. In short, Marvin's life is feeling out of control until a secret formula changes everything. In the same humorous spirit of *Diary of a Wimpy Kid* comes *Marvin's Monster Diary: ADHD Attacks! (And I Win, Big Time)*. Using the "monstercam" and "ST4" techniques developed by Dr. Raun Melmed of the Melmed Center in Arizona, *Marvin's Monster Diary* teaches kids how to be mindful, observe their surroundings, and take time to think about their actions. Marvin's hilarious doodles and diary entries chronicle his delightful adventures, misadventures, and eventual triumph in a funny, relatable way. It's the one book on ADHD that kids will actually want to read!

## Book Information

Series: St4 Mindfulness Book for Kids

Paperback: 64 pages

Publisher: Familius; First edition (January 12, 2016)

Language: English

ISBN-10: 1942934106

ISBN-13: 978-1942934103

Product Dimensions: 5 x 0.2 x 7.9 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 4.7 out of 5 stars 35 customer reviews

Best Sellers Rank: #19,007 in Books (See Top 100 in Books) #9 in Books > Health, Fitness & Dieting > Children's Health > Learning Disorders #12 in Books > Health, Fitness & Dieting > Mental Health > Attention Deficit & Attention Deficit Hyperactivity Disorders #21 in Books > Children's Books > Growing Up & Facts of Life > Difficult Discussions > Illness

Age Range: 7 - 11 years

Grade Level: 2 - 6

## Customer Reviews

Dr. Raun Melmed is a developmental and behavioral pediatrician in Arizona. He is director of the Melmed Center and co-founder and medical director of the Southwest Autism Research and Resource Center. Originally from South Africa, he completed a fellowship at Children's Hospital Medical Center in Boston, where he was an instructor at Harvard Medical School. He is a principal

investigator of novel agents in the treatment of autism, Fragile X, and ADHD and collaborates on studies of tools used in the diagnosis of autism spectrum disorder. Annette Sexton graduated from Brigham Young University with a BA in English. Diagnosed with ADHD at age ten, she is excited to help kids face and overcome some familiar challenges. She loves reading, crocheting, and being a mother to two beautiful, busy little girls. She lives in Ithaca, New York, with her husband and their two daughters.

Very well done. If your child isn't a strong enough reader yet, they'll still enjoy you reading this to them. It helped both my ADHD child's understanding and her sister's empathy. My daughter was also excited about implementing the "ST4" method described.

My grandson loves this book, and it has given him some very helpful tools to use for his ADHD. He enjoys reading immensely, especially books like these, that are geared for his age (10 1/2). I bought two other books for him, similar to this, geared to his age and ADHD. He loves them all, but enjoys this one the most.

my 10 year old son with adhd loves the diary of a wimpy kid books so this was right up his ally to help him understand his adhd more, in a way he could relate and was interesting.

My 9 year old son has never read a book cover-to-cover in one sitting until this one. We were so excited! He loved it.

I bought ten of these for our Scottsdale CHADD (Children and Adults with ADHD) Parent group. This book is a terrific resource for parents and children (ages 6-10?). It has specific action skills that help the child stop, think, and build executive functioning skills. I am currently using this book in my life coaching practice with a nine year old girl. She loved the story and is having fun applying the tools, in this book, to her life.

I didn't really think this book was worth all the hype it's gotten and if I had known what it was I wouldn't have purchased it. The "methods" the monster teaches the kids to help them focus isn't really something most kids would do as it would draw attention to them and it's a bit silly. My eight year old and I read this once and he wasn't impressed either.

Good book for kids with ADHD!

Great book, my 6 & 4 yr olds sat & listen to the entire book. They enjoyed how it was relatable to them!

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ADHD: A Mental Disorder or A Mental Advantage (2nd Edition) (ADHD Children, ADHD Adults, ADHD Parenting, ADD, Hyperactivity, Cognitive Behavioral Therapy, Mental Disorders) The Insider's Guide to ADHD: Adults with ADHD Reveal the Secret to Parenting Kids with ADHD ADHD Diet For Children: Recipes and Diet to Help Your Child Focus, Perform Better at School, and Overcome ADHD For Life (ADHD Diet) ADHD Guide Attention Deficit Disorder: Coping with Mental Disorder such as ADHD in Children and Adults, Promoting Adhd Parenting: Helping with Hyperactivity and Cognitive Behavioral Therapy (CBT) Mindfulness: Mindfulness for Beginners: How to Live in The Present, Stress and Anxiety Free (FREE Bonus Gift Included) (Mindfulness, Meditation, Buddhism, Zen) Time for Kids: Big Book of Why - 1,001 Facts Kids Want to Know (TIME for Kids Big Books) Big Book of WHY: Revised and Updated (A TIME For Kids Book) (TIME for Kids Big Books) Minecraft: Diary of a Minecraft Ender Dragon: Legendary Minecraft Diary. An Unnofficial Minecraft Book for Kids Age 6 12 (Minecraft Diary of a Wimpy, Books For Kids Ages 4-6, 6-8, 9-12) Big Book of WHY (A TIME for Kids Book) (TIME for Kids Big Books) Big Book of WHEN (A TIME for Kids Book) (TIME for Kids Big Books) Big Book of WHAT (A TIME for Kids Book) (TIME for Kids Big Books) Princess Kate Meditates (Children's Book about Mindfulness Meditation for Kids, Preschool Books, Kids Books, Kindergarten Books, Kids Book, Ages 2-8, ... Stories / Picture Books / Kids Books) Books For Kids: Natalia and the Pink Ballet Shoes (KIDS FANTASY BOOKS #3) (Kids Books, Children's Books, Kids Stories, Kids Fantasy Books, Kids Mystery ... Series Books For Kids Ages 4-6 6-8, 9-12) Roulette Rockstar: Want To Win At Roulette? This Simple Roulette Strategy Helped An Unemployed Man Win Thousands! Forget Roulette Tips Youâ™ve Heard Before. Learn How To Play Roulette and Win! Hard to Believe! Cleveland: Cavs win the NBA Championship! Indians win the AL Championship! Browns win a game! The Attacks on the World Trade Center: February 26, 1993, and September 11, 2001 (Terrorist Attacks) The Big Book of Blaze and the Monster Machines (Blaze and the Monster Machines) Parenting ADHD Now!: Easy Intervention Strategies to Empower Kids with ADHD Goodnight, Swampy the Little Monster: (Children's book about the Little Monster Who Gets Ready for Bed, Bedtime Story, Rhyming Books, Picture Books, Ages 3-5, Preschool Books, Kids Book)

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